# Weatherford Roo Relays Roo Stadium Weatherford, TX, 76086 February 21, 2015

8:00-8:30 Scratch Meeting under bleachers next to Spirit Store in the Hospitality room

9:00 Field Events

ALL FINALS: VARSITY 4 attempts, JV 3 attempts

Shot Put

Ring 1:VB,VG

Ring 2: JVG,JVB

Discus

Ring 1:VG,VB

Ring 2: JVB, JVG

Long Jump Pit 1

VB, VG Long Jump Pit 2 JVB, JVG

Triple Jump Pit 3

VG, VB Triple Jump Pit 4 JVG, JVB

High Jump

JVG, VG, JVB, VB

Pole Vault

VG, VB, JVG, JVB

starting heights: PV JVG (6'), VG (7'), JVB (8'), VB (9') HJ JVG (4'), VG (4'2"), JVB (5'2"), VB (5'6")

10:30 3200m run

(JVG, VG, JVB, VB)

# Running Final we begin 1hour after the last field event or no later than 1:00

1:00 Running Finals

4 X 100 relay

800m run

100/110 hurdles

100m dash

4 X 200 relay

400m dash

300m hurdles

200m dash

1600m run

4 X 400 relay

- This meet will be a Rolling Schedule once the running Finals begin.
- Registration will be done on-line (athletic.net). Entries due Wed. 2-18 15 . Scratch ONLY on day of meet.
- Please inform your athletes there will be no food or gum allowed on the track or turf. No team camps on the field.
- 1/4" pyramid spikes only, no tape on the track surfaces
- Medals to top three finishers.
- Buses can park in the baseball parking lot just east of stadium. Spectators may park in front of the stadium and use baseball parking lot as overflow.
- \$3.00 entry fee for non-athletes.
- Concessions available

# Meet Information 2-21-15

## 1. Scratch Meeting

The scratch meeting will be at 8:30 under the home side stands in the hospitality room. Scratch ONLY.

## 2. Running Finals

We will begin 1 hour after the last field event or no later than 1:00.

#### 3. Parking Information

Buses must park in the parking lot on the east side of the stadium. Spectators may use the parking lot in the front of the stadium or the overflow parking lot to the east.

# 4. Warm-Up Areas

Warm-ups will be allowed on the field. Only track participants and coaches allowed on the field. All spectators must remain in the stands.

#### 5. Camp Areas

Teams may camp in the stands or under the stands. No camps are allowed on the infield.

#### 6. Check In for Athletes

Running events must check in prior to their scheduled events at the heating area located on the west end of the infield. Field events can check in at their event location.

# 7. Rest Rooms

Restrooms will be available on the home side, at the concession area on visitor side, and portables available at the field event site.

#### 8. Results

Results will be given to all coaches along with their awards at the end of the meet. Awards can be picked up at the press box.

#### 9. Special Rules

No radios or stereos will be allowed on the field. Please remind your athletes of this policy. No tape allowed on any track surface. No gum or food allowed on the track or infield. '4" pyramid spikes only.

#### 10. Trainers/First Aid

Trainers/First Aid will be located on the west end of the track at the fieldhouse.